

FIELD EVENTS:

Pole Vault will utilize a ROLLING SCHEDULE with a 30 minute warm up between sessions.

<u>8:30am-10:30am</u>	<u>10:30am-12:30pm</u>	<u>12:30pm-2:30pm</u>	<u>2:30pm-4:30pm</u>
Girls Class 1 Pole Vault	Girls Class 2 Pole Vault	Boys Class 1 Pole Vault	Boys Class 2 Pole Vault
<u>9:00am -10:30am</u>	<u>11:00am-12:30pm</u>	<u>1:00pm-2:30pm</u>	<u>3:00pm-4:30pm</u>
Boys Class 1 High Jump	Boys Class 2 High Jump	Girls Class 1 High Jump	Girls Class 2 High Jump
Boys Class 1 Long Jump	Boys Class 2 Long Jump	Girls Class 1 Long Jump	Girls Class 2 Long Jump
Girls Class 3 Triple Jump	Girls Class 4 Triple Jump	Boys Class 3 Triple Jump	Boys Class 4 Triple Jump
Girls Class 4 Shot Put	Girls Class 3 Shot Put	Boys Class 3 Shot Put	Boys Class 4 Shot Put
Boys Class 3 Discus	Boys Class 4 Discus	Girls Class 4 Discus	Girls Class 3 Discus
Girls Class 2 Javelin	Girls Class 1 Javelin	Boys Class 1 Javelin	Boys Class 2 Javelin

Opening Heights: Girls Pole Vault: **TBA** Girls High Jump: **TBA** Boys Pole Vault: **TBA** Boys High Jump: **TBA**

Opening Heights: Will be determined by the Games Committee prior to the meet

RUNNING EVENTS

(in 2025, Girls 1st, then Boys. Class 1 first, then Class 2)

10:00am	Girls	4x800m Relay	Final (Double Waterfall Start)
10:30am	Boys	4x800m Relay	Final (Double Waterfall Start)
11:00am	Girls	110m Hurdles	Final (Heats v. Time)
11:25am	Boys	100m Hurdles	Final (Heats v. Time)
11:50am	Girls	100m Dash	Final (Heats v. Time)
12:05pm	Boys	100m Dash	Final (Heats v. Time)
12:20pm	Girls	4x200m Relay	Final (Heats v. Time)
12:45pm	Boys	4x200m Relay	Final (Heats v. Time)
1:10pm	Girls	1600m Run	Final (Double Waterfall Start)
1:25pm	Boys	1600m Run	Final (Double Waterfall Start)
1:40pm	Girls	4x100m Relay	Final (Heats v. Time)
2:00pm	Boys	4x100m Relay	Final (Heats v. Time)
2:20pm	Girls	400m Dash	Final (Heats v. Time)
2:40pm	Boys	400m Dash	Final (Heats v. Time)
3:00pm	Girls	300m Hurdles	Final (Heats v. Time)
3:20pm	Boys	300m Hurdles	Final (Heats v. Time)
3:40pm	Girls	800m Run	Final (Double Waterfall Start)
3:50pm	Boys	800m Run	Final (Double Waterfall Start)
4:00pm	Girls	200m Dash	Final (Heats v. Time)
4:25pm	Boys	200m Dash	Final (Heats v. Time)
4:50pm	Girls	3200m Run	Final (Double Waterfall Start)
5:20pm	Boys	3200m Run	Final (Double Waterfall Start)
5:50pm	Girls	4x400m Relay	Final (3-Turn Stagger, Heats v. Time)
6:20pm	Boys	4x400m Relay	Final (3-Turn Stagger, Heats v. Time)